

APPENDIX 1 - Satisfaction Surveys Caregiver and Child

Caregiver

Today's date (mm/dd/yyyy) ___/___/_____

Please read each question and circle the answer that best fits how you think and feel.

1. How hard or easy was it to use the Zamzee?

Very hard	Hard	Okay	Easy	Very easy
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Please explain

2. How hard or easy was it to use the Zamzee website?

Very hard	Hard	Okay	Easy	Very easy
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Please explain

3. How much did the Zamzee help your child be more active?

Not at all	A little	A lot!
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Please explain

4. How much did the Zamzee website help your child be more active?

Not at all	A little	A lot!
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Please explain

5. How often did you need to remind your child to use the Zamzee or help him/her use it?

Not at all	One day per week	More than one day per week
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Please explain

6. Since your child started using the Zamzee, how often have you done something to get your child involved in physical activity?

Rarely	A few times	Every few weeks	Every week	Every day
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Please explain

Today's date (mm/dd/yyyy) ___/___/_____

7. How often did you access the Zamzee website to look at your child's activity?

Not at all	One day per week	More than one day per week
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Please explain

8. Once this study is over, how often do you think your child will continue to use the Zamzee?

Not at all	One day per week	More than one day per week
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Please explain

9. Rate the degree to which you agree or disagree with the following statement.
"My child's use of the Zamzee has motivated **me** to increase **my** physical activity level"

Strongly Disagree	Disagree	Neither agree nor disagree	Agree	Strongly Agree
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Comments

10. What did you like least about the Zamzee and the website?

11. What did you like best about the Zamzee and the website?

12. Would you recommend the Zamzee to another family like yours?

Yes	Maybe	No
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Comments

13. Would you pay \$29.95 for a Zamzee and access to the website?

Yes	Maybe	No
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Comments

THANK YOU! We really value your opinion!

Child

Today's date (mm/dd/yyyy) ___/___/_____

Please read each question and circle the answer that best fits how you think and feel.

1. How hard or easy was it to use the Zamzee?

Very hard	Hard	Okay	Easy	Very easy
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Please explain

2. How hard or easy was it to use the Zamzee website?

Very hard	Hard	Okay	Easy	Very easy
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Please explain

3. How much did the Zamzee help you be more active?

Not at all	A little	A lot!
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Please explain

4. How much did the Zamzee website help you be more active?

Not at all	A little	A lot!
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Please explain

5. How often did an adult remind you to use the Zamzee or help you use it?

Not at all	One day per week	More than one day per week
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Please explain

6. Once this study is over, how often do you think you will use the Zamzee?

Not at all	One day per week	More than one day per week
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Please explain

Today's date (mm/dd/yyyy) ___/___/_____

7. Once this study is over, how often do you think you will use the Zamzee?

Not at all	One day per week	More than one day per week
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Please explain

8. What do you think about the Zamzee?

8a. What did you like most?

8b. What did you like least?



9. What do you think about the Zamzee website?

9a. What do you like most?

9b. What did you like least?

10. Would you recommend the Zamzee and the website to a friend?

Yes	Maybe	No
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Why or why not?

THANK YOU! Your opinion is important!